Peer Observation Reflection Form

Teacher: Date:

Observer: Lesson:

My experience of being observed:

- How did I feel during the observation?
- What aspects of my teaching did I feel confident about?
- Were there any moments that felt different because I was being observed?

Insights gained:

- What did I learn about my own teaching practice through this process?
- Did the post-observation discussion help me see my lesson differently?
- What feedback or comment resonated most with me — and why?

Impact on my teaching:

- What specific strategies or ideas will I keep using after this observation?
- What might I change or experiment with in future lessons?

Meta -reflection:

- How did this peer observation process support my professional growth?
- What could make peer observations even more useful or comfortable?